

Primary Balance

Package (#3)



The Initial Balance Package #2 is the ideal program for anyone just beginning their natural health journey or for someone who wants to achieve noticeable improvement in their physical and emotional health in a short period of time.

Protocol:

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| With Breakfast - | SolleMegas - 2 capsules
SolleFlex PI - 2 capsules |
| 7 am – 10 am - | CinnaMate (or Solle Excell) - 1 packet in 8 ounces of hot or 12 ounces of cold water |
| 10 am – 12 pm - | Solle Excell (or CinnaMate) - 1 packet in 8 ounces of hot or 12 ounces of cold water |
| 1 pm – 4 pm - | Solle Vital - 1 packet in 16-20 ounces of cold water |
| 7 pm – 9 pm - | Solle ReNue - 1 packet in 8 ounces of hot or 16 ounces of cold water |
| Bedtime* - | Verdezymes - 2 capsules
ProBio IQ - 2 capsules |

Drink water throughout the day in addition to the Solle drinks.
Drink all beverages 30 minutes before eating.

* Take on an empty stomach

