

Initial Balance

Package (#2)



The Initial Balance Package #2 is the ideal program for anyone just beginning their natural health journey or for someone who wants to achieve noticeable improvement in their physical and emotional health in a short period of time.

Protocol:

- With Breakfast -** SolleMegas – 2 capsules
SolleFlex PI – 2 capsules
- 7 am – 10 am -** CinnaMate (or Solle Excite) – 1 packet in 8 ounces of hot or 12 ounces of cold water
AdaptAble – 2 capsules
- 10 am – 12 pm -** CinnaMate (or Solle Excite) – 1 packet in 8 ounces of hot or 12 ounces of cold water
- 12 pm – 4 pm -** Solle Vital - 1 packet in 16-20 ounces of cold water
AdaptAble – 1 capsule
- 7 pm – 9 pm -** Solle ReNue - 1 packet in 8 ounces of hot or 16 ounces of cold water
- Bedtime* -** Verdezymes – 2 capsules
ProBio IQ – 2 capsules

Drink water throughout the day in addition to the Solle drinks.
Drink all beverages 30 minutes before eating.

* Take on an empty stomach

