



Solle EnFatuat™

Premium Healthy Fats



The Skinny on Fats

The consumption of healthy fats is critical to good health. Research shows that consuming more Omega 3's helps the body manage inflammation, insulin and blood pressure. It also helps manage mood swings, sleep quality, cognitive decline, and strengthens the respiratory system. Solle's EnFatuat™ is a unique combination of premium healthy fats and powdered herb extracts designed to support digestion, assimilation and cellular health. Due to the inclusion of the adaptogen amla and pure hops extract, EnFatuat will also help calm the mind and strengthen immune system response.

This innovative mind and body formula consists of two proprietary blends:

Premium Healthy Fat Nutrition Blend – Contains a wide variety of healthy fats and highly nutritious herbs to reduce inflammation, boost metabolism and maintain healthy cells.

Soothing Digestive Blend – Consisting of a number of calming and relaxing herbs, this blend aids in fat digestion and assimilation while at the same time strengthening immune and nervous systems.

Premium Healthy Fat Nutrition Blend

Sacha Inchi Whole Seed Powder is known to soothe and prevent inflammation and to promote softness, smoothness, and suppleness, thereby promoting the skin's rejuvenation for a more youthful complexion. Sacha Inchi powder also has a very pleasant sweet taste!

Coconut Oil Powder MCTs (medium-chain triglycerides) can be converted into ketones, which are produced from the breakdown of fat when carb intake is low. If you're following a ketogenic diet, which is very low in carbs yet high in fat, then taking MCT oil can help you stay in the fat-burning state known as ketosis.

Avocado Oil Powder is rich in omega-9 fatty acids (oleic acid), healthy fats and antioxidants.

Cacao Powder is densely packed with iron, magnesium, polyphenols and antioxidants. Consuming cacao can help the body support issues such as depression, stress, blood pressure and heart health.

Sprouted Black Chia Powder is packed full of vitamins and minerals. They are gluten free and perfect for any vegetarian or raw diet, that also provides an excellent source of fiber and heart-healthy omega-3's.

Lucuma Powder is often touted as a rich source of nutrients including beta-carotene, vitamin B3, iron, zinc, calcium, magnesium, and other vitamins and minerals. It also contains protein, antioxidants, and dietary fiber.

Mangosteen Fruit Powder is also highly nutritious, rich in powerful antioxidants, and may have anti-inflammatory properties, supports blood sugar control, and helps promote weight loss and a healthy immune system.

Black Raspberry Seed Powder helps maintain skin elasticity and soothes and helps protect against an array of skin conditions.

Soothing Digestive Blend

Amla Powder also known as Indian gooseberry, can be partially attributed to its high vitamin C content. The Indian gooseberry helps in boosting the immune system, slowing down aging, treating throat infections, reducing blood sugar levels, and improving heart health.

Hops Extract helps the body manage anxiety, inability to sleep (insomnia) and other sleep disorders, restlessness, tension, excitability, attention deficit-hyperactivity disorder (ADHD), nervousness, and irritability.

Slippery Elm Extract is a very soothing plant extract that contains mucilage, a sticky mixture of sugars that can't be broken down by the human digestive tract. Slippery Elm helps support the body's ability to manage irritation of the urinary tract heartburn and GERD.

Turmeric Powder and especially its most active compound curcumin have many scientifically-proven health benefits, and is also touted as a potent anti-inflammatory and antioxidant, and may also help the body manage depression and arthritis.

Chamomile Extract helps promote sleep quality and proper digestion, and also helps support the body's ability to manage blood sugar and inflammation.

Marshmallow Extract is a very soothing herb that helps the body manage pain and swelling (inflammation) of the mucous membranes, dry cough, inflammation of the stomach lining, diarrhea, stomach ulcers, constipation, urinary tract inflammation, and stones in the urinary tract.

Aloe Vera (Whole Leaf) Powder may help decrease irritation in the stomach and intestines. The juice may also help people with irritable bowel syndrome (IBS) and other inflammatory disorders of the intestines. One 2013 study of 33 IBS patients found that aloe vera juice helped reduce the pain and discomfort of IBS.

The Solle Difference

EnFatuat™ is a non GMO, adaptogen enhanced formula that delivers 100% plant sourced, nutritious, healthy fats. EnFatuat also uniquely provides a blend of soothing botanicals to help support the body's ability to digest, process and assimilate fats.

5 key benefits for EnFatuat

Healthy Fats: Plant derived healthy fats to help the body manage reduce inflammation, boost metabolism and maintain healthy cells.

Soothing and Calming: Herbal blend helps the body manage pain and swelling of mucosal membranes in the intestinal and urinary tract.

Brain Health: Contains a variety of Omega Fatty Acids to support brain health

Nutrition: Rich source of nutrients including beta-carotene, iron, zinc, calcium, magnesium, and other vitamins and minerals.

Skin: Helps support skin elasticity and helps protect against an array of skin conditions.

Product Use

Regular Use: Once daily, mix 2 scoops (1 serving) in 4-6 ounces of cool water, shake or blend.

EnFatuated Use: Mix 4 scoops (2 servings) in 10-12 ounces of cool water, shake, blend and smile.

Also use freely as a healthy mix-in to boost your favorite smoothie or Solle beverage!

Complementary Product

To enhance your experience with EnFatuat™, add Verdezymes® to your dietary regimen. Verdezymes is Solle's 100% plant sourced enzyme product which will further aid in the digestion and assimilation of healthy fats.

