



A custom blend of 100% pure essential oils formulated to nourish your mind and body to ignite your internal fire and direct your internal compass. SE Contentment will help you feel comfortable in your own skin, satisfied and fulfilled in your life's purpose and connected to your inner passion. Gain serenity with Solle Contentment.

Ingredients:

Solle Essentials® Calm:

patchouli, petitgrain, cypress, German and roman chamomile, yuzu, balsam peru

Helps the body and mind manage daily stresses that can cause various physical and emotional health concerns if left unaddressed. Encourages peace and rejuvenation of mind, heart, gut and soul.

Ginger, *Zingiber officinale*:

A gut nourishing, general anti-inflammatory oil that combats worry, stimulates circulation to reduce stagnation and aid in digestion.

Solle Essentials® Balance:

lavender, palmarosa, may chang, geranium, frankincense

Restores harmony, balance, energy and mood while reducing stress, promoting restful sleep patterns and overall balance – physically, mentally, emotionally and spiritually.

Cedar Atlas, *Cedrus atlantica*:

A warming kidney-supporting oil to help combat depression, anxiety and melancholy, and promote spiritual harmonization.

Solle Essentials® Clarify:

lemongrass, rosemary, spearmint, black pepper, fennel, sweet basil
An anti-inflammatory blend which promotes cellular health that can lead to increased gut health, brain function and decision making, while decreasing stagnation.

Eucalyptus, *Eucalyptus globulus*:

A respiratory supporting oil that assists lung and bronchial function, creating movement when you need room to breathe and the ability to move forward. Helps combat feelings of guilt and resentment.

Lemon, *Citrus limonum*:

A cooling, liver-supporter to combat sluggishness, self-doubt, fatigue, trust issues and inner conflict. Encourages happiness.

Carrier oils:

Sunflower, jojoba, vitamin E

The Solle Difference

Sustainable plant-sources. Backed by the SolleCertain Quality guarantee. Professionally formulated essential oil blend to connect and align mind and body. Complements the Calm category herbal formulas.

Key Benefits for Solle Contentment™

Physical: Apply to affected area and feet for relief with liver and gallbladder issues, nervousness, nerve and muscle pain, bone spurs, hemorrhoids, acne, leg cramps, scars, hot flashes and athlete's foot.

Mental: Apply to temples, neckline, pulse points, shoulders, wrists and hands to combat nightmares, help set healthy boundaries, clear inner conflict and become more alert.

Emotional: Apply to temples, neckline, pulse points, shoulders, wrists and hands to reduce anger and feeling stuck, and promotes joy, hope and patience.

Product Use

For topical use only.

- Roll-on skin, hair and scalp
- Mix in SolleFlex AC Cream
- Add to epsom or sea salt in bath
- Apply a compress, covering area with cold or hot cloth.

Complementary Product

Solle's 4 signature drinks plus ProBio IQ®, Verdezyme®, SolleMegas® and SolleFlex PI®

