



Solle Confidence™

CompassBlend



A custom blend of 100% pure essential oils designed to infuse your mind and body with confidence, inner strength, self-esteem, and self-worth. This formula helps enhance concentration, mood, attentiveness, and circulation. It awakens the inner child, and highlights your innate gifts and talents. Be Confident with Solle Confidence.

Ingredients:

Solle Essentials® Clarify:

lemongrass, rosemary, spearmint, black pepper, fennel, sweet basil

An anti-inflammatory blend which promotes cellular health that can lead to increased gut health, brain function and decision making, while decreasing stagnation.

Eucalyptus, *Eucalyptus globulus*:

A respiratory supporting oil that assists lung and bronchial function. Cools excess heat while stimulating circulation of excess mucus. Strengthens our nervous system when we feel overwhelmed.

Lemon, *Citrus limonum*:

A cooling, liver-supporting oil that infuses cellular energy, purifies the body's fluids, boosts the immune system and sharpens our mental faculties.

Solle Essentials® Calm:

patchouli, petitgrain, cypress, German and roman chamomile, yuzu, balsam peru

Helps the body and mind manage daily stresses that can cause various physical and emotional health concerns if left unaddressed. Encourages peace and rejuvenation of mind, heart, gut and soul.

Ginger, *Zingiber officinale*:

A gut nourishing, general anti-inflammatory oil that combats worry, stimulates circulation to reduce stagnation and aid in digestion.

Carrier oils:

Sunflower, jojoba, vitamin E

The Solle Difference

Sustainable plant-sources. Backed by the SolleCertain Quality guarantee. Professionally formulated essential oil blend to connect and align mind and body. Complements the Clarify category herbal formulas.

Key Benefits for Solle Confidence™

Physical: Apply to affected area and feet for relief with gastrointestinal upset, acid reflux, migraines, neuropathy, circulation and vein health, muscle tension

Mental: Apply to temples, neckline, pulse points, shoulders, wrists and hands for enhanced focus (especially when easily distracted), concentration when nervous or anxious, inspiration, motivation and self-assurance.

Emotional: Apply to temples, neckline, pulse points, shoulders, wrists and hands to calm excess worry, feeling lonely and abandoned, while boosting self-esteem, self-acceptance, self-worth and patience.

Product Use

For topical use only.

- Roll-on to skin, hair and scalp
- Mix in SolleFlex AC Cream
- Add to epsom or sea salt in bath
- Apply a compress, covering area with cold or hot cloth.

Complementary Product

ProbiolQ®, Verdezymes®, Cinnamate®, PowerCHI®, Solle Vital®, Thrive®, Adaptable®

